

Cheerleaders just want to have fun!

Sometimes during a practice, everyone just needs a break. Doing a fun activity can spark creativity, bring out a leader that a coach may not have seen before, and hopefully provide a few laughs. This game may also work when starting out with a new team as a team building activity.

I read about it in a cheerleading resource, but I do not remember which cheer organization it was to give credit to. It was one of my "fun" favorite things to do. I would divide our team into four groups and each group was asked to pick a machine that they would like to create and demonstrate how it worked by using themselves, no props! A few of my favorite machines were a soda vending machine, a washing machine, and a theater popcorn popper. The possibilities are endless. I set a timer for a few minutes so they would determine how they were going to make this work. I only checked to make sure there was no duplication of machines.

Each group took their turn to demonstrate their machine and the other cheerleaders tried to guess what the machine was. It was always a lot of fun and promoted teamwork in a creative way.

Teamwork...it's what makes a good team, GREAT!